



# Preventive and orthopaedic Footwear

*for sensitive and diabetic feet  
and feet with increased width fitting*



Wygoda i zdrowie naszych stóp

# CHARACTERISTICS

## OF DR ORTO FOOTWEAR

Dear Customers!

We offer a special series of footwear, at the most advanced level in terms of design and technology - **DR ORTO SYSTEM** footwear for users with feet problems.

This footwear is intended to be used by users with sensitive feet, including the ones suffering from the diabetic foot syndrome and feet rheumatoid degenerative changes. Dr Orto is a functional footwear with pro-health qualities; the shapes and sizes of the inside respond perfectly to the needs and requirements of ill users' feet.

As Dr Orto footwear is manufactured on a wide-fit last, our shoes are **wide inside** and have uppers that do not pinch a foot at any point. **Wide and high toe cap** ensures enough space for toes and eliminates the risk of injury. Increased width fitting guarantees comfortable usage for users with swollen feet.

Dr Orto footwear is made from very **soft textiles**, with perfect hygienic properties and improved quality and, most importantly, it is friendly to painful feet. The footwear has **minimized number of stitching and seams**, which could hurt feet due to their bulged structure.

Dr Orto footwear has a **flexible sole** that absorbs a shock wave generated while a foot contacts the ground, which protects feet against micro injuries.

Most of the models have **insoles** that improve walking comfort. The insole reduces load in the points where the pressure is the most intense and prevents from ulceration and skin trophic lesions. Apart from prevention, it also has a hygienic function: it lets feet breathe and prevents them from chafing.

The lining of some of Dr Orto models is made of **SILBER**, a soft material pleasant for feet, made with the application of special technology based on silver ions.

Silber 

- has antibacterial and antifungal properties, (inhibits the growth of bacteria, microorganisms, mould and fungi and provides antibacterial protection),
- neutralises unpleasant odour,
- has antiallergic properties,
- provides thermal comfort by heat abstraction and maintaining optimal body temperature of 37° C,
- absorbs humidity and guarantees optimal feet protection in prolonged usage.

It is especially recommended to users suffering from diabetic foot syndrome.



# Certificates

DISTINCTIONS AND AWARDS

Dr Orto footwear holds certificates entitling to use the marks awarded by the Cracow branch of the Institute of Leather Industry:



Dr Orto System footwear is recommended by **Polish Association of Diabetics**

## „Footwear for diabetics (preventive footwear)”



means that this footwear may be used by users with so-called “diabetic foot syndrome”: nerve damage, ischaemia of extremities caused by atherosclerosis and improper mechanical load.

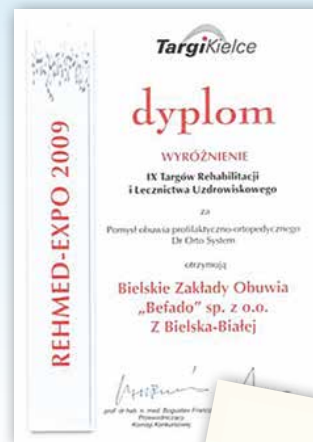
## „Footwear for sensitive feet”



confirms that the footwear is recommended to users with toe deformations (hallux valgus, hammer toe), skin lesions on foot sole and painful spots within the area of metatarsal bone head II and III.



In 2006, Dr Orto footwear by Befado was honoured with a **Gold Medal** on Poznań International Fair.



◀ Distinction on the IX Rehabilitation and Health Resort Treatment Fair for the invention of Dr Orto System footwear.  
Kielce 2009



▲ A distinction for Dr Orto System footwear on the XVII International Fair of Rehabilitation Equipment.  
Łódź 2009

Dr Orto System footwear ▶ won the 1st prize in the category of “rehabilitation equipment” on the XI “Expo Diabetica” Symposium.  
Toruń 2007



# CHARACTERISTICS

## OF DR ORTO FOOTWEAR

In designing our footwear, we were guided by the needs of future users. Thanks to lacing, hoop and loop fasteners and zip-fasteners, the shoes are **easy to put on**. The design guarantees that the upper is closely fitted to feet with different widths.



Elements that can be removed completely



tongue and quarter can be removed



flexible upper



# Opinions

## OF USERS AND EXPERTS

### Unfastening steps:



The footwear has been tested by users suffering from diabetes, especially among patients exposed to and suffering from diabetic foot syndrome. Tests have been supervised by **the Department and Clinic of Metabolic Diseases of Collegium Medicum of Jagiellonian University in Cracow**. This footwear has been also assessed by **the Shoe Industry Central Laboratory**. On the basis of organoleptic and fitting tests, this footwear was confirmed to fulfil requirements of footwear intended for diabetics, for patients with rheumatoid feet and with severe deformity of sensitive feet, to a large extent.

### Expert opinion:

*„Dr Orto footwear, thanks to its shape and the size of the inside, satisfies the requirements of users with sensitive and rheumatoid feet and the ones who suffer from diabetic foot syndrome.”*

*Shoe Industry Central Laboratory*

*„Tested shoes fulfil the criteria of shoes intended for users with diabetes, especially for the patients exposed to and suffering from diabetic foot syndrome. They can be recommended to diabetics.”*

**Prof. dr hab. med. Jacek Sieradzki**

*the head of the Department and the Clinic of Metabolic Diseases, CM, Jagiellonian University*

*„...the shoes can be used as therapeutic footwear for users suffering from initial or advanced stages of rheumatoid arthritis lesions in feet”.*

**Lek. Wojciech Owsiany**

*Orthopaedy and Locomotor System Traumatology Specialist*

### User opinions:

*„...all my life I have not been able to find footwear that would fit my feet comfortably, until I used the Dr Orto footwear. (...) These shoes are light, very comfortable and the insole increases walking comfort.”*

*Danuta Zajęc, aged 78*

*“...very comfortable, flexible and, what is the most important, my feet do not sweat when I’m wearing them. (...)The Dr Orto sole gave maximum comfort to my foot, which has been operated on and requires special care, which is a comfortable and light footwear.”*

*J. Bogacz, aged 72*

*„I am very happy with these shoes; I use them as outdoor footwear as well as at home, because they are so comfortable, and this is what counts for elderly users...”*

*Stefania Motyka, aged 90*

*„My feet require appropriate footwear that could provide comfort to my disfigured and often cold feet (...) The Orto-soled footwear provides comfort that my legs need.”*

*Elżbieta Błachut, aged 80*

# Ladies footwear



1 Model: 132D006

Size: 36-41  
Width fitting: J



2 Model: 132D010

Size: 36-41  
Width fitting: J



3 Model: 132D011

Size: 36-41  
Width fitting: J



4 Model: 057D028

Size: 36-41  
Width fitting: J



5 Model: 057D026

Size: 36-41  
Width fitting: J



6 Model: 057D027

Size: 36-41  
Width fitting: J



SILBER material with active silver ions. Recommended especially to diabetics and users with a diabetic foot.

You can use insoles.

Flexible material in the front of the upper. Recommended to users with hallux valgus and hammer toes.

Removable preventive insole for adjustment of width fitting and better hygiene.



8 Model: 984D012

Size: 35-42  
Width fitting: F adjustable



9 Model: 984D010

Size: 35-41  
Width fitting: F adjustable



10 Model: 984D011

Size: 36-41  
Width fitting: F adjustable



11 Model: 036D005

Size: 36-41  
Width fitting: J



12 Model: 036D006

Size: 36-41  
Width fitting: J



13 Model: 036D007

Size: 36-41  
Width fitting: J



14 Model: 036D008

Size: 36-41  
Width fitting: J



# Ladies footwear



15 Model: 387D005

Size: 36-41  
Width fitting: J

Ag W+



16 Model: 871D004

Size: 36-41  
Width fitting: J

W+



17 Model: 871D005

Size: 36-41  
Width fitting: J

Ag W+



18 Model: 676D003

Size: 36-41  
Width fitting: adjustable



19 Model: 676D004

Size: 36-41  
Width fitting: adjustable



20 Model: 676D006

Size: 36-41  
Width fitting: adjustable

Ag

Ag SILBER material with active silver ions. Recommended especially to diabetics and users with a diabetic foot.

W You can use insoles.

E Flexible material in the front of the upper. Recommended to users with hallux valgus and hammer toes.

W+ Removable preventive insole for adjustment of width fitting and better hygiene.



21 Model: 989D002

Size: 36-41  
Width fitting: J

Ag



22 Model: 983D004

Size: 36-41  
Width fitting: adjustable

Ag





23 Model: 986D003

Size: 36-41  
Width fitting: adjustable

Ag W W+



24 Model: 987D002

Size: 36-41  
Width fitting: adjustable

Ag W W+



25 Model: 163D002

Size: 36-41  
Width fitting: adjustable

Ag W W+



26 Model: 996D008

Size: 36-41  
Width fitting: J



27 Model: 996D009

Size: 36-41  
Width fitting: J



# Men's footwear



**28** Model: 125M006

Size: 42-48  
Width fitting: I 1/2



**29** Model: 125M008

Size: 42-48  
Width fitting: I 1/2



**30** Model: 125M009

Size: 42-48  
Width fitting: I 1/2  
Ag



**31** Model: 131M003

Size: 42-48  
Width fitting: adjustable  
E W+



**32** Model: 131M004

Size: 42-48  
Width fitting: adjustable  
Ag E W+



**33** Model: 131M005

Size: 42-48  
Width fitting: adjustable  
Ag E W+



**34** Model: 871M004

Size: 42-48  
Width fitting: I 1/2  
W+



**35** Model: 871M006

Size: 42-48  
Width fitting: I 1/2  
Ag W+

Ag SILBER material with active silver ions. Recommended especially to diabetics and users with a diabetic foot.

W You can use insoles.

E Flexible material in the front of the upper. Recommended to users with hallux valgus and hammer toes.

W+ Removable preventive insole for adjustment of width fitting and better hygiene.



**36** Model: 732M004

Size: 42-48  
Width fitting: I 1/2  
Ag W+



37 Model: 733M006

Size: 42-48  
Width fitting: adjustable

Ag



38 Model: 733M007

Size: 42-48  
Width fitting: adjustable



39 Model: 983M004

Size: 42-48  
Width fitting: adjustable

Ag



40 Model: 989M002

Size: 42-48  
Width fitting: J

Ag



41 Model: 986M003

Size: 42-48  
Width fitting: adjustable

Ag W W+



42 Model: 163M002

Size: 42-48  
Width fitting: adjustable

Ag W W+



43 Model: 996M008

Size: 42-48  
Width fitting: I 1/2



44 Model: 996M009

Size: 42-48  
Width fitting: I 1/2



45 Model: 987M002

Size: 42-48  
Width fitting: adjustable

Ag W W+



Lightness



Proper  
microclimate



Fits foot's  
shape



Enough space  
for toes



Flexibility



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Wygoda i zdrowie naszych stóp



[www.drorto.pl](http://www.drorto.pl)

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